With a Little Help From Our Friends

A concert in benefit of The Sunshine Room

May 13, 2015, 7:30pm
Rebecca Cohn Auditorium

All proceeds will support cancer patients undergoing treatment at the QEII Health Sciences Centre

Program

Prelude

With a Love Like That – A Beatles Tribute
Lennon & McCartney, arranged by Chris Palmer
Rhapsody Quintet

The Main Event
Side 1

1. Sgt Pepper’s Lonely Hearts Club Band
   The Stanfields with Rhapsody Quintet
   Lennon & McCartney
2. With a Little Help From My Friends
   Stan Carew with Rhapsody Quintet
   Lennon & McCartney
3. Lucy in the Sky With Diamonds
   Kim Dunn with Rhapsody Quintet
   Lennon & McCartney
4. Getting Better
   Nadia Moore with Rhapsody Quintet
   Lennon & McCartney
5. Fixing a Hole
   Asia with Rhapsody Quintet
   Lennon & McCartney
6. She’s Leaving Home
   Kim Dunn with Rhapsody Quintet
   Lennon & McCartney
7. Being for the Benefit of Mr. Kite
   Ben Caplan with Rhapsody Quintet
   Lennon & McCartney

Side 2

8. Within You, Without You
   Reeny Smith with Rhapsody Quintet
   Harrison
9. When I’m Sixty-Four
   **John Gracie** with Rhapsody Quintet

10. Lovely Rita
    **Port Cities** with Rhapsody Quintet

11. Good Morning, Good Morning
    **Sons of Maxwell** with Rhapsody Quintet

12. Sgt Pepper’s Lonely Hearts Club Band (Reprise)
    **The Stanfields** with Rhapsody Quintet

13. A Day in the Life
    **Cyndi Cain** and **Canada’s Ballet Jorgen**
    with Rhapsody Quintet

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**Artists**

**Rhapsody Quintet**  For more than 30 years Nova Scotia’s Rhapsody Quintet has thrilled and delighted audiences with its sparkling renditions of a wide range of music, including light classical, salon, musical theatre, jazz, tango, klezmer, movie music and more. Through their performances and recordings they have reached out across Canada and the world, performed for royalty, worked with school children and helped to raise funds for many deserving causes. Rhapsody has released six CDs to date.

**Asia**  A Native of North Preston, Nova Scotia. Asia is a highly talented vocalist, entertainer and performer. Asia’s musical gift was present at an early age when she started spitting lyrics, this gift and talent would lead Asia to perform as vocalist for a number of local bands and church choirs. Currently Asia is the lead vocalist of “Asia & NuGruv” a high energy, Halifax based music ensemble who is recognized as one of the best dance and party bands in Atlantic Canada. She is a true jewel, lending her talent to many, including starring as “Vee” lead acting role in the short film “Believe It” produced by Truce Films, and performed as musical guest on the Candy Show which aired nationally on APTN. She is truly Gifted and Blessed. She sings from her heart and Soul!
Cyndi Cain  Cyndi Cain’s got the kind of voice that’s capable of giving you goosebumps on the most sweltering of summer nights. It’s big, it’s booming and it’s coming from an utterly genuine place. The Halifax-based soul singer has been making music her entire life, getting her start belting out gospel songs at church, studying musical theatre at Toronto’s Sheridan College and taking the show on the road to Club Med resorts in Florida, Mexico and the Dominican Republic where she treated vacationers to show tunes and Motown hits. Since returning to Canada, she’s be on a whirlwind of great stages, playing with Michael Buble, Aretha Franklin, Naturally 7, Dutch Mason, Charles Bradley and Symphony Nova Scotia. Her 2009 release Essentially Cyndi earned her an East Coast Music Award nomination, as did her follow up, 2013’s Soul Food, a more old school sounding record that’s filled with passionate songs of both beautiful joy and pain. Arguably the east coast powerhouse of soul, Cain’s taken home the 2011 Galaxie Rising Star Award, the African Nova Scotia Music Award for Best R&B Artist and July 2014 Cain dazzled the crowd in Perth Scotland at the Southern Fried Fest and Edinburgh Jazz Fest. Thanks to the tasty album Soul Food Cyndi was named ANSMA’s Artist of the Year. She’s a party-starter, a tear-jerker and a jaw-dropper with a super tight band and a stage presence that’s sincerely something else. If you haven’t seen Cyndi Cain yet, get ready to feel it all.

Ben Caplan  Rugged, raspy, and roaring with charisma, Ben Caplan’s voice is to song as smoke is to bourbon: perfectly coupled. He is a songwriter and performer who is bold in both range and ferocity. The music is fuelled by a quality of melodrama and powerful lyricism that sets Caplan apart from his peers. Either solo or backed by his band, The Casual Smokers, Ben Caplan has captured the attention of music fans and media across Canada, Australia, and throughout Europe. In 2015, Ben Caplan will continue to break new ground with dates planned across North America and around the world. His highly anticipated second album, Birds with Broken Wings, is prospected to be released internationally in late spring/early summer of 2015.

Stan Carew  Stan Carew has been the host of Weekend Mornings since 1997. He says it will the final stop on a radio road that started in 1968 at CHNS in Halifax. The journey included CKBW in Bridgewater, NS; CKEC in New Glasgow, NS; CKWW in Windsor, Ontario; CFDR in Dartmouth, NS; and C-100 and Q-104 in Halifax, NS. Stan is also a musician and songwriter, having released four albums since 1997. He and his band the Magpies spent five years performing benefit concerts at halls large and small across the Maritime before disbanding in 2012. As an actor he’s appeared in dozens of film and television productions, appeared in movies that featured Harrison Ford, Sissy Spacek, James Caan and Cybill Shepherd. His television credits include Trudeau and Trailer Park Boys. He is also the off-camera voice of CBC Television’s This Hour Has 22 Minutes.
Kim Dunn  Kim Dunn has worked with the who’s who of East coast artists including, Rita MacNeil, Bruce Guthro, Matt Minglewood, Jimmy Rankin, David Myles, Jill Barber, Dave Gunning, George Canyon. Kim was the recipient of the first MUSICIAN SPECIAL ACHIEVEMENT ECMA AWARD, and has producing, writing, and arranging credits as well. His first solo project, ‘Take This Hammer’. has been called “a polished gem combining jazz, blues, soul and pop.” - The Chronicle Herald. He has performed his music with Symphony Nova Scotia, has received national exposure on CBC’s Canada Live, and regionally on Atlantic Airwaves. Most recently, Kim hosted the RITA’S TEA ROOM SUMMER CONCERT SERIES in Big Pond - a musical tribute to Rita McNeil; Enthusiastically taken part in the SHERBROOKE VILLAGE ROAD TO STAN FEST SONG CAMP as one of four instructors; Recorded a live session in CBC’s STUDIO H with world renowned singer songwriter Stephen Fearing, and has been performing countless shows of his own throughout Atlantic Canada and abroad.

John Gracie  Multiple award winning artist John Gracie has toured the globe with his music from Tokyo to Doha, New York to Miami. He has 14 albums in his catalogue and has covered a number of genres from folk to swing jazz. His song writing has been featured in TV series, has raised money for charities and he has been commissioned to write on numerous occasions. His Christmas album sold over 50,000 units and his latest album is a collaboration with his actress/singer daughter Samantha Gracie. 2015 will include the recording of another songwriter album and more international touring.

Nadia Moore  Nadia, an international performer previously based in the Philippines, now lends her unique character to the North American scene. From a career that started at the age of fourteen, Nadia has developed into what she is today.....a well-seasoned professional. She has performed in a variety of Asian hot spots. Her resume includes a five-year singing engagement with the Royal Family of Brunei. Until leaving the Philippines, Nadia was performing lead female vocals for the legendary band "Hotdog". Their performances include a United States tour in 2002 as well as a Canadian tour in 2004. Nadia has appeared on television in many occasions both in North America and Asia. She also performed back-up vocals with Gary Beals of Canadian Idol fame. Nadia was female lead singer of "Cool Buzz Jazz Band" while living in Beijing, China from 2005 'till 2008. She was the NSCC College Idol (2nd place winner) for two
consecutive years: 2009 and 2010. Recently, Nadia has ventured into something new; acting in TV commercial. Her latest work was a commercial for Nova Scotia Power which was aired in April 2013. Nadia enjoys her new found diversion and hopes that more acting will be in her future. Since Nadia has made Nova Scotia her home she has been busy performing with a number of Halifax’s top artist. She also, leads her own band which has met with great reviews.

**Port Cities**  Stellar songs, dynamic vocals, and superior musicianship marks the emergence of Port Cities onto the Canadian music scene. An exciting new group from the east coast, Port Cities brings together the award winning talents of Carleton Stone, Breagh Mackinnon, and Dylan Guthro. Port Cities is the result of a genuine connection and a shared belief that the music they make together has endless possibilities. The outcome is a rootsy pop sound with an emphasis on powerful harmonies, outstanding songs, and an engaging camaraderie onstage and off. The members of Port Cities are no strangers to great music, with six [solo] albums released collectively to date and collaborations with the likes of Juno award-winning duo Classified and David Myles, along with Hawksley Workman (Tegan and Sara, Serena Ryder, Great Big Sea), Howie Beck (Feist, Hannah Georgas, Hayden) and Jason Collett (acclaimed singer/songwriter and member of Broken Social Scene).

**Reeny Smith**  Reeny Smith is an award winning singer/songwriter. Born into a musically inclined family in North Preston, Nova Scotia, Reeny began singing and playing piano at the age of 5. Her roots singing in the church laid a solid foundation for a promising career. She has been awarded several notable awards and high profile performances. Commonly referred to as the “Canadian Alicia Keys,” Reeny continues to leave her audiences wanting more of her impeccable vocals, original songs and modern style. “Reeny” is certainly on her way to becoming a familiar sound in the Canadian and American Music Industry. “Galaxie Rising Award Star” competition at the 2013 Halifax Jazz Festival; Rising Star Award at the 2012 African Nova Scotian Music Awards; Featured performer at the 2011 Canada Winter Games National Artist Program; Performed at the 10th annual Portia White Award Gala Concert; Up and Coming Star Award at the African Nova Scotian Music Awards (2011); Black Cultural Centre President’s Award (2011); Nova Scotia Talent Trust’s Portia White Award in 2010.
**Sons of Maxwell**  Named after their father Max, brothers Don and Dave Carroll, have enjoyed a 25 career as Sons of Maxwell, sharing their humour and stories and unique brand of pop-folk music around the world. They are multiple ECMA and Music Nova Scotia award recipients with 12 recordings to their name. As grateful as they have been for the industry support in their career, Sons of Maxwell have always been most appreciative of the fans; the people who, for so long, have allowed Don and Dave the privilege of doing what they love to do as their living. Performing at the Cohn with great musicians and harmonizing to Beatles songs; It doesn't get much better than that.

**The Stanfields**  Everyone has a story to tell about The Stanfields – if you don’t, give it time. Inciting mosh pits and still making Mom proud, The Stanfields attract fans of all classes and creeds with their rhythm-fueled hard rock laced with traditional roots sounds. There are no glamorous motives – just five working class Canadians with an honest desire to entertain. The band’s first acoustic project, For King and Country, released in Canada on GroundSwell/Warner and in Germany on Rookie Records in October 2013. Stanfields frontman and lead writer, Jon Landry explains: “There was no motive to write For King and Country other than trying to challenge ourselves. As songwriters, we always have an axe to grind in terms of lyrical expression. That will never change. Our world is too f@#*ed up to let things slide. Rest assured to the initiated, we will continually attempt to peel the paint off the walls of your local tavern, legion, youth centre or arena. We haven’t gone soft. In fact, I think we went harder.”